



The After-School Program from Learning for Life

Teacher's Guide

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How to Do It

Background

Learning for Life was incorporated in 1991 in Washington, D.C. Over the last 10 years, we have provided a quality program to more than 10 million students throughout the United States. Learning for Life prepares our youth to successfully handle the complexities of today's society; enhances their self-confidence, motivation, and self-worth; and helps them formulate positive personal values. As Learning for Life continues into its second decade, it is our intent to remain a major force in the development of character education by establishing a strong relationship with schools and other youth-serving organizations.

Linking Learning for Life Elementary Program to Any After-School Program

One of the major attributes of the Learning for Life elementary program is its flexibility. The program can be easily integrated into diverse organizations and settings, such as schools, civic organizations, religious institutions, and home-school situations. Wherever youth services or community programs are conducted, *Character Quest* can be used by teachers as a strategy for teaching the Learning for Life elementary lesson plans in an after-school setting.

Basic Program Components

- Sixty-one character-building Learning for Life lesson plans for grades K through 6 full of entertaining and meaningful grade-appropriate and age-specific activities.
- Fifteen recognition stickers for placement on the elementary student's certificate of achievement, which motivates positive behavior, fosters a sense of belonging, and instills and rewards a positive work ethic in children.
- Family/Home activity in every lesson plan that gives parents an opportunity to participate in the character development of their child.
- Games; crafts; skits and costumes; puppets; songs, stunts, and stories; tricks and puzzles; and outdoor activities from the *Learning for Life Activities Book*.
- Learning for Life Drug Abuse Prevention Education Program, K–6. Each grade has a set of age-appropriate and grade-specific lesson plans and activity sheets for the teacher to use.
- Value-added programs through the local Learning for Life office incorporating community speakers, mentors/volunteers, recognition, service learning projects, and teacher's training.

Teaching Methods (Teacher's discretion to select character-building lesson plans by teaching method.)

Arts and Crafts Activity	Group Project	Music Activity
Brainstorming	Group Reading	Role-Play Activity
Game	Individual Projects	Small Group Activity
Group Discussion and Report	Individual Reading or Writing	Teacher-Directed Questions
Group Presentation	Language Arts Activity	Teacher-Directed Story
		Teacher-Led Group Discussion

Teacher Materials

Character Quest Teacher's Guide (Download at www.Learning-for-Life.org)

Learning for Life Activities Book, No. 32166

Learning for Life Character-Building Lesson Plans, Grades K to 6:

- *Kindergarten Teacher's Guide*, No. 32105B
- *First Grade Teacher's Guide*, No. 32106B
- *Second Grade Teacher's Guide*, No. 32107B
- *Third Grade Teacher's Guide*, No. 32108B
- *Fourth Grade Teacher's Guide*, No. 32109B
- *Fifth Grade Teacher's Guide*, No. 32110B
- *Sixth Grade Teacher's Guide*, No. 32111B

Learning for Life Character Education Posters (set of 10), No. 32160

Learning for Life Drug Abuse Prevention Education Program, K to 6:

- Kindergarten Program, No. 32171
- First Grade Program, No. 32172
- Second Grade Program, No. 32173
- Third Grade Program, No. 32174
- Fourth Grade Program, No. 32175
- Fifth Grade Program, No. 32176
- Sixth Grade Program, No. 32177

Learning for Life Recognition Stickers:

- K to 2nd Grade (Pkg. of 25 sheets/15 stickers per sheet), No. 32135A
- 3rd and 4th Grades (Pkg. of 25 sheets/15 stickers per sheet), No. 32136A
- 5th and 6th Grades (Pkg. of 25 sheets/15 stickers per sheet), No. 32137B

Recognition Stickers

As students complete a lesson from the choice of 61 per grade, affix one sticker on each student's Character Quest Certificate of Achievement (page 5)

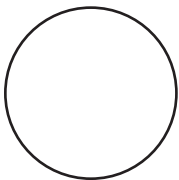
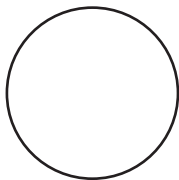
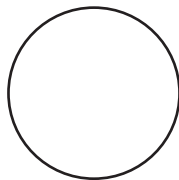
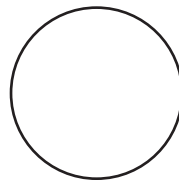
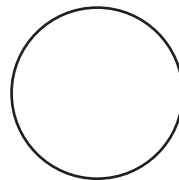
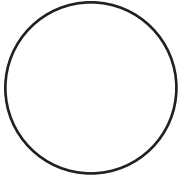
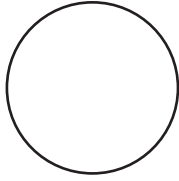
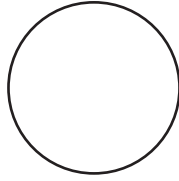
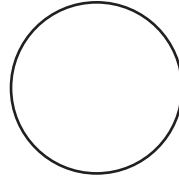
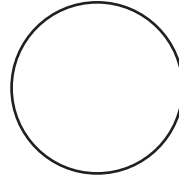
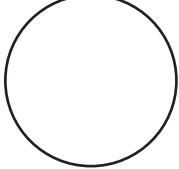
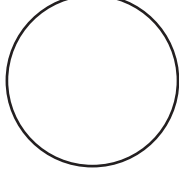
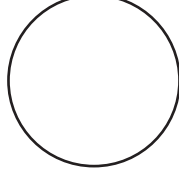
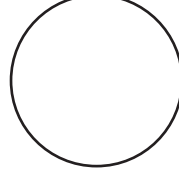
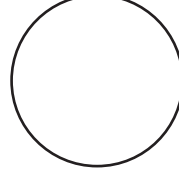
Theme Stickers for Grades K–2	Theme Stickers for Grades 3–4	Theme Stickers for Grades 5–6
Be Ready	Community	Art and Literature
Don't Quit	Decisions	Communicating With Others
Good Earth	Doing the Right Thing	Conservation
Growing Strong	Environment	Helping Other People
Happy to Be Me	Family Members	Home and Family
Helping	Getting and Giving Respect	Job Awareness
Listening and Talking	Government	Law and Government
My Choices	Health	My Heritage
My Family	Home	My World
My Friends	Math	Personal Enrichment
My Home	Prepared	Personal Fitness
My Neighborhood	Proud of Myself	Prepared for Life
Respect	School	Respecting Myself and Others
Rules	Transportation	School and Community
What's Right	Work	Self-Awareness



CERTIFICATE OF ACHIEVEMENT
PRESENTED TO

FOR COMPLETING A CHARACTER QUEST LESSON
SIGNIFIED BY THE AFFIXED RECOGNITION STICKERS

Participating Organization

Character Quest
The After-School Program from Learning for Life



Caring/Fairness Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Pet Care	149	139		My Neighborhood
	Service	159	145		Helping
	Something Special About Me			151	My Family
	Violence Prevention		153	161	What’s Right
Brainstorming	Importance of Family			139	My Home
	Pet Care		139		My Neighborhood
	Understand People With Special Needs			155	Respect
	Violence Prevention			161	What’s Right
Game	Empathy	135			Respect
	Pet Care		139		My Neighborhood
	Something Special About Me	155			My Family
Group Presentation	Importance of Family		135		My Home
	Understand People With Special Needs			155	Respect
Individual Projects	Importance of Family			139	My Home
	Service			147	Helping
Individual Reading or Writing	Importance of Family		135	139	My Home
	Service	159			Helping
	Something Special About Me			151	My Family
Math Activity	Pet Care			143	My Neighborhood
Music Activity	Pet Care	149			My Neighborhood
Role-Play Activity	Empathy			129	Respect
	Service	159			Helping

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Small Group Activity	Conservation	131			Good Earth
	Something Special About Me	155		151	My Family
	Understand People With Special Needs			155	Respect
	Violence Prevention	167			What's Right
Teacher-Directed Questions	Getting Along With Others		131		My Friends
	Service			147	Helping
Teacher-Directed Story	Conservation			127	Good Earth
	Empathy		129		Respect
	Getting Along With Others	141	131		My Friends
	Importance of Family	145			My Home
	Pet Care	149			My Neighborhood
	Understand People With Special Needs	163	149		Respect
	Violence Prevention	167			What's Right
Teacher-Led Group Discussion	Conservation			127	Good Earth
	Empathy	135	129	129	Respect
	Getting Along With Others	141		133	My Friends
	Importance of Family	145	135		My Home
	Pet Care			143	My Neighborhood
	Service	159	145		Helping
	Understand People With Special Needs		149		Respect

Caring/Fairness Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Empathy	133	145	Getting Respect
	Getting Along With Others	137		Getting Respect
	Importance of Family	143		Family Members
	Pet Care	151		Doing Right Thing
	Service		163	Prepared
	Understand People With Special Needs	163		School
	Violence Prevention	169		Decisions
Brainstorming	Getting Along With Others	137		Getting Respect
Game	Conservation	127		Environment
Group Presentation	Conservation	127		Environment
	Getting Along With Others		149	Getting Respect
	Service		163	Prepared
	Something Special About Me	159		Home
	Understand People With Special Needs		171	School
Group Project	Something Special About Me		167	Home
	Understand People With Special Needs		171	School
Group Reading	Importance of Family		153	Family Members
	Pet Care		159	Doing Right Thing
Individual Projects	Importance of Family	143		Family Members
	Pet Care	151		Doing Right Thing
	Understand People With Special Needs	163		School
	Violence Prevention		179	Decisions
Individual Reading or Writing	Importance of Family	143	153	Family Members
	Service	155		Prepared
	Understand People With Special Needs	163		School
	Violence Prevention		179	Decisions

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Language Arts Activity	Empathy		145	Getting Respect
	Getting Along With Others		149	Getting Respect
	Pet Care		159	Doing Right Thing
	Understand People With Special Needs		171	School
Music Activity	Importance of Family	143		Family Members
	Violence Prevention		179	Decisions
Role-Play Activity	Empathy		145	Getting Respect
	Getting Along With Others	137		Getting Respect
	Something Special About Me		167	Home
Small Group Activity	Conservation	127		Environment
	Service	155		Prepared
	Something Special About Me	159		Home
	Understand People With Special Needs		171	School
	Violence Prevention	169	179	Decisions
Teacher-Directed Questions	Empathy	133	145	Getting Respect
	Importance of Family	143	153	Family Members
Teacher-Directed Story	Empathy	133		Getting Respect
	Service		163	Prepared
	Violence Prevention	169		Decisions
Teacher-Led Group Discussion	Conservation	127		Environment
	Getting Along With Others		149	Getting Respect
	Pet Care	151		Doing Right Thing
	Understand People With Special Needs	163		School
	Violence Prevention		179	Decisions

Caring/Fairness Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	Something Special About Me	171		Home and Family
	Violence Prevention	183		Respecting Myself
Brainstorming	Pet Care	163		Home and Family
	Service	167		Helping Other People
Group Discussion and Report	Getting Along With Others	153		Communicating
	Importance of Family	159		My Heritage
	Something Special About Me	171	207	Home and Family
	Violence Prevention	183		Respecting Myself
Group Presentation	Conservation	145		Conservation
	Importance of Family		183	My Heritage
	Service		195	Helping Other People
Group Project	Getting Along With Others		177	Communicating
	Service		195	Helping Other People
	Something Special About Me	171	207	Home and Family
	Violence Prevention		215	Respecting Myself
Individual Projects	Empathy		173	Respecting Myself
	Understand People With Special Needs		211	Respecting Myself
Individual Reading or Writing	Empathy		173	Respecting Myself
	Getting Along With Others	153		Communicating
	Importance of Family		183	My Heritage
	Something Special About Me		207	Home and Family
	Understand People With Special Needs	175	211	Respecting Myself
	Violence Prevention	183	215	Respecting Myself
Language Arts Activity	Empathy		173	Respecting Myself
	Getting Along With Others	153		Communicating
	Importance of Family		183	My Heritage
	Pet Care		189	Home and Family

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Role-Play Activity	Getting Along With Others		177	Communicating
	Violence Prevention		215	Respecting Myself
Small Group Activity	Importance of Family	159		My Heritage
Teacher-Directed Questions	Conservation	145		Conservation
	Empathy	149		Respecting Myself
	Service	167	195	Helping Other People
	Understand People With Special Needs	175		Respecting Myself
Teacher-Directed Story	Empathy	149		Respecting Myself
	Service		195	Helping Other People
	Understand People With Special Needs		211	Respecting Myself
Teacher-Led Group Discussion	Conservation	145		Conservation
	Empathy	149		Respecting Myself
	Getting Along With Others		177	Communicating
	Pet Care	163	189	Home and Family
	Service	167		Helping Other People
	Something Special About Me	171		Home and Family
	Understand People With Special Needs	175	211	Respecting Myself
	Violence Prevention		215	Respecting Myself

Citizenship Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Community	231		239	My Home
	Exhibiting Responsible Citizenship	237	237	259	Growing Strong
	What Is Freedom?	241		263	Growing Strong
Brainstorming	What Is Freedom?		241	263	Growing Strong
Game	Community		227		My Home
Group Presentation	Community			239	My Home
Group Project	Exhibiting Responsible Citizenship	237			Growing Strong
Music Activity	Conservation		233		Good Earth
	Exhibiting Responsible Citizenship			259	Growing Strong
Role-Play Activity	Community		227		My Home
Small Group Activity	Community		227	239	My Home
Teacher-Directed Questions	Exhibiting Responsible Citizenship		237		Growing Strong
Teacher-Directed Story	Community	231			My Home
	Conservation		233		Good Earth
	What Is Freedom?		241	263	Growing Strong
Teacher-Led Group Discussion	Community	231	227	239	My Home
	Exhibiting Responsible Citizenship			259	Growing Strong
	What Is Freedom?	241			Growing Strong

Citizenship Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Brainstorming	Community	247	257	Community
Group Presentation	Exhibiting Responsible Citizenship	251		Government
Game	Community		257	Community
	Exhibiting Responsible Citizenship	251		Government
	What Is Freedom?	257		Health
Geography Activity	Community		257	Community
Group Project	Exhibiting Responsible Citizenship		265	Government
	What Is Freedom?		269	Health
Individual Reading or Writing	Exhibiting Responsible Citizenship	251		Government
Language Arts Activity	Exhibiting Responsible Citizenship		265	Government
	What Is Freedom?	257		Health
Role-Play Activity	Community		257	Community
Small Group Activity	Community	247		Community
	Exhibiting Responsible Citizenship		265	Government
	What Is Freedom?		269	Health
Teacher-Directed Questions	Community	247		Community
Teacher-Directed Story	What Is Freedom?		269	Health
Teacher-Led Group Discussion	Exhibiting Responsible Citizenship	251		Government
	What Is Freedom?		269	Health

Citizenship Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Brainstorming	Exhibiting Responsible Citizenship	277		Law and Government
Group Discussion and Report	Community		305	Home and Family
	Exhibiting Responsible Citizenship	277		Law and Government
Group Presentation	Community		305	Home and Family
	What Is Freedom?	283		Prepared for Life
Group Project	Community		305	Home and Family
	Exhibiting Responsible Citizenship	277		Law and Government
Individual Projects	Exhibiting Responsible Citizenship	277	313	Law and Government
	What Is Freedom?	283		Prepared for Life
Individual Reading or Writing	Community		305	Home and Family
	Exhibiting Responsible Citizenship		313	Law and Government
	What Is Freedom?	283	321	Prepared for Life
Language Arts Activity	Community	269		Home and Family
	Exhibiting Responsible Citizenship	277	313	Law and Government
Role-Play Activity	What Is Freedom?	283	321	Prepared for Life
Small Group Activity	Community	269		Home and Family
	Exhibiting Responsible Citizenship		313	Law and Government
Teacher-Directed Questions	What Is Freedom?		321	Prepared for Life
Teacher-Directed Story	What Is Freedom?		321	Prepared for Life
Teacher-Led Group Discussion	Community	269		Home and Family
	What Is Freedom?	283		Prepared for Life

Courage Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Accepting Consequences	215	213		Don't Quit
	Building My Courage		217		My Choices
	Standing Up for Me	221		227	My Choices
	Sticking to What's Right	225			My Home
Brainstorming	Standing Up for Me			227	My Choices
Game	Standing Up for Me		221		My Choices
Individual Projects	Accepting Consequences			217	Don't Quit
Individual Reading or Writing	Accepting Consequences			217	Don't Quit
Role-Play Activity	Standing Up for Me	221			My Choices
Small Group Activity	Accepting Consequences		213		Don't Quit
	Sticking to What's Right			231	My Home
Teacher-Directed Questions	Standing Up for Me		221		My Choices
	Sticking to What's Right			231	My Home
Teacher-Directed Story	Accepting Consequences		213		Don't Quit
	Building My Courage	219		223	My Choices
	Standing Up for Me		221		My Choices
Teacher-Led Group Discussion	Accepting Consequences	215		217	Don't Quit
	Building My Courage		217	223	My Choices
	Sticking to What's Right	225			My Home

Courage Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Building My Courage	235		Work
	Standing Up for Me		247	Work
Group Discussion and Report	Building My Courage		245	Work
Group Project	Standing Up for Me	237		Work
	Sticking to What’s Right		251	Home
Group Reading	Accepting Consequences		214	Doing Right Thing
Individual Projects	Accepting Consequences		214	Doing Right Thing
	Sticking to What’s Right	241		Home
Individual Reading or Writing	Accepting Consequences	131	214	Doing Right Thing
	Building My Courage		245	Work
	Sticking to What’s Right	241		Home
Language Arts Activity	Standing Up for Me		247	Work
Role-Play Activity	Accepting Consequences		214	Doing Right Thing
Small Group Activity	Accepting Consequences	131		Doing Right Thing
	Sticking to What’s Right		251	Home
Teacher-Directed Questions	Accepting Consequences	131		Doing Right Thing
Teacher-Directed Story	Accepting Consequences	131		Doing Right Thing
	Building My Courage	235		Work
	Standing Up for Me	237		Work
Teacher-Led Group Discussion	Standing Up for Me	237		Work
	Sticking to What’s Right	241	251	Home

Courage Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Group Discussion and Report	Accepting Consequences	247		Personal Enrichment
	Building My Courage		289	Personal Enrichment
	Sticking to What’s Right	263		Home and Family
Group Presentation	Building My Courage		289	Personal Enrichment
Group Project	Sticking to What’s Right		297	Home and Family
Group Reading	Sticking to What’s Right		297	Home and Family
Individual Projects	Standing Up for Me	257		Personal Enrichment
Language Arts Activity	Accepting Consequences		283	Personal Enrichment
	Building My Courage	253	289	Personal Enrichment
	Standing Up for Me		293	Personal Enrichment
Role-Play Activity	Standing Up for Me	257		Personal Enrichment
	Sticking to What’s Right		297	Home and Family
Small Group Activity	Standing Up for Me	257		Personal Enrichment
Teacher-Directed Questions	Standing Up for Me		293	Personal Enrichment
Teacher-Directed Story	Accepting Consequences		283	Personal Enrichment
Teacher-Led Group Discussion	Accepting Consequences	247	283	Personal Enrichment
	Building My Courage	253		Personal Enrichment
	Standing Up for Me		293	Personal Enrichment
	Sticking to What’s Right	263		Home and Family

Honesty/Trust Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Code of Ethics			95	What's Right
	Law and Government		105		Rules
	People Who Cheat	113			Respect
	Trust Me, I Won't Let You Down	119			My Friends
	When People Steal From Me	123			Respect
Brainstorming	How I Learn From My Mistakes			99	Happy to Be Me
	People Who Cheat			111	Respect
Game	Law and Government			105	Rules
	Trust Me, I Won't Let You Down			115	My Friends
	When People Lie to Me		117		Respect
Group Presentation	Law and Government			105	Rules
	When People Steal From Me		125		Respect
Group Project	When People Steal From Me		125		Respect
Individual Reading or Writing	Code of Ethics	101			What's Right
Role-Play Activity	When People Steal From Me			121	Respect
Small Group Activity	Code of Ethics		97		What's Right
	Trust Me, I Won't Let You Down			115	My Friends
	When People Steal From Me			121	Respect
Teacher-Directed Questions	How I Learn From My Mistakes			99	Happy to Be Me
	Trust Me, I Won't Let You Down	119	113		My Friends

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Teacher-Directed Story	Code of Ethics			95	What's Right
	How I Learn From My Mistakes	105	101	99	Happy to Be Me
	Law and Government	109			Rules
	People Who Cheat			111	Respect
	When People Lie to Me		117		Respect
	When People Steal From Me	123	125		Respect
Teacher-Led Group Discussion	Code of Ethics		97		What's Right
	How I Learn From My Mistakes	105	101		Happy to Be Me
	Law and Government	109	105		Rules
	People Who Cheat	113			Respect
	Trust Me, I Won't Let You Down	119	113		My Friends
	When People Lie to Me		117		Respect

Honesty/Trust Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Code of Ethics		119	Decisions
	People Who Cheat		131	School
	When People Steal From Me		139	School
Brainstorming	Trust Me, I Won't Let You Down		35	Giving Respect
Game	When People Steal From Me		139	School
Group Project	Code of Ethics	103		Decisions
	Law and Government	109		Government
	People Who Cheat	113		School
	Trust Me, I Won't Let You Down		135	Giving Respect
Group Reading	Choosing What's Right for Me		115	Work
	Law and Government		121	Government
	Trust Me, I Won't Let You Down		135	Giving Respect
	When People Steal From Me		139	School
Individual Reading or Writing	Law and Government		121	Government
	When People Steal From Me	121	139	School
Language Arts Activity	Trust Me, I Won't Let You Down		135	Giving Respect
	When People Steal From Me		139	School
Role-Play Activity	Trust Me, I Won't Let You Down	117		Giving Respect

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Small Group Activity	Code of Ethics	103		Decisions
	Law and Government	109		Government
	People Who Cheat	113	131	School
	Trust Me, I Won't Let You Down	117		Giving Respect
Teacher-Directed Questions	Choosing What's Right for Me		115	Work
Teacher-Directed Story	Code of Ethics	103		Decisions
	Law and Government	109	121	Government
Teacher-Led Group Discussion	Choosing What's Right for Me		115	Work
	Code of Ethics	103	119	Decisions
	Law and Government		121	Government
	People Who Cheat	113	131	School
	When People Steal From Me	121		School

Honesty/Trust Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	When People Lie to Me		155	Respecting Myself
Brainstorming	Trust Me, I Won't Let You Down		147	School and Community
	When People Steal From Me	133	163	Respecting Myself
Game	People Who Cheat	121	143	Respecting Myself
Group Discussion and Report	Code of Ethics		121	Personal Fitness
	How I Learn From My Mistakes	105	127	Self-Awareness
	Law and Government	111		Law and Government
	People Who Cheat	121	143	Respecting Myself
	Trust Me, I Won't Let You Down	127	147	School and Community
	When People Lie to Me		155	Respecting Myself
Group Project	Code of Ethics	101		Personal Fitness
	How I Learn From My Mistakes	105		Self-Awareness
	Trust Me, I Won't Let You Down	127		School and Community
Individual Projects	When People Steal From Me	133		Respecting Myself
Individual Reading or Writing	Trust Me, I Won't Let You Down	127		School and Community
	When People Lie to Me		155	Respecting Myself
	When People Steal From Me	133		Respecting Myself
Language Arts Activity	Law and Government		135	Law and Government
	People Who Cheat		143	Respecting Myself
Role-Play Activity	Code of Ethics	101	121	Personal Fitness
	Law and Government	111	135	Law and Government
	When People Steal From Me	133	163	Respecting Myself

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Small Group Activity	Law and Government	111		Law and Government
	People Who Cheat	121		Respecting Myself
Teacher-Directed Questions	Code of Ethics	101		Personal Fitness
	Trust Me, I Won't Let You Down		147	School and Community
Teacher-Directed Story	Code of Ethics	101		Personal Fitness
	When People Steal From Me	133		Respecting Myself
Teacher-Led Group Discussion	Code of Ethics	101	121	Personal Fitness
	How I Learn From My Mistakes	105	127	Self-Awareness
	Law and Government		135	Law and Government
	People Who Cheat	121		Respecting Myself
	Trust Me, I Won't Let You Down	127		School and Community
	When People Steal From Me		163	Respecting Myself

Life Skills Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Basic Art	249	249	271	Listening and Talking
	Classic Literature		253	277	Listening and Talking
	Clean Air and Water		257		Good Earth
	Communication	263			Listening and Talking
	Fire Safety	271		293	Helping
	Money Management		273		Be Ready
	Personal Safety	285			Government
	Physical Fitness	291			Growing Strong
	Places and Maps			319	My Neighborhood
	Science			325	Don't Quit
	Transportation	305		333	My Neighborhood
Weather	313	309	335	Good Earth	
Brainstorming	Basic Art		249		Listening and Talking
	Safety			329	Be Ready
Game	Communication		261		Listening and Talking
	Money Management		273	303	Be Ready
	Personal Habits for a Lifetime		281		Self-Awareness
	Personal Safety			309	Government
	Physical Fitness	291	291		Growing Strong
	Science			325	Don't Quit
Geography Activity	Places and Maps	297	295		My Neighborhood
	Science			325	Don't Quit
Group Presentation	Communication			287	Listening and Talking
	Fire Safety		265	293	Helping
	Money Management			303	Be Ready
	Personal Safety		285		Government
	Physical Fitness			315	Growing Strong
	Safety		299		Be Ready

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Group Project	Fire Safety	271			Helping
	Math		269		Growing Strong
	Money Management		273	303	Be Ready
	Personal Safety		285		Government
	Safety	301	299		Be Ready
Individual Projects	Classic Literature			277	Listening and Talking
	Clean Air and Water			281	Good Earth
	Communication			287	Listening and Talking
	Math			299	Growing Strong
	Physical Fitness			315	Growing Strong
	Places and Maps			319	My Neighborhood
	Science			325	Don't Quit
Individual Reading or Writing	Communication			287	Listening and Talking
	Math			299	Growing Strong
	Personal Habits for a Lifetime	279			Self-Awareness
	Safety			329	Be Ready
	Transportation		303		My Neighborhood
Math Activity	Math		269		Growing Strong
	Money Management	275			Be Ready
Music Activity	Physical Fitness	291	291		Growing Strong
Role-Play Activity	Money Management	275			Be Ready
	Personal Safety	285			Government
	Safety			329	Be Ready
Self-Paced Instruction	Personal Habits for a Lifetime	279			Self-Awareness
Small Group Activity	Math		269		Growing Strong
	Money Management			303	Be Ready
	Personal Safety		285		Government
	Places and Maps		295	319	My Neighborhood
	Transportation		303		My Neighborhood

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Teacher-Directed Questions	Transportation			333	My Neighborhood
	Weather			335	Good Earth
Teacher-Directed Story	Classic Literature	255	253	277	Listening and Talking
	Clean Air and Water	259	257	281	Good Earth
	Personal Habits for a Lifetime	279			Self-Awareness
	Transportation	305	303		My Neighborhood
	Weather		309		Good Earth
Teacher-Led Group Discussion	Classic Literature	255			Listening and Talking
	Clean Air and Water	259			Good Earth
	Communication	263	261		Listening and Talking
	Fire Safety	271		293	Helping
	Money Management	275			Be Ready
	Personal Habits for a Lifetime	279			Self-Awareness
	Personal Safety	285		309	Government
	Physical Fitness			315	Growing Strong
	Places and Maps			319	My Neighborhood
	Safety	301	299		Be Ready
	Transportation	305		333	My Neighborhood
	Weather	313			Good Earth

Life Skills Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Basic Art	265	275	Community
	Classic Literature		279	Community
	Communication	279		Home
	Fire Safety		293	Prepared
	Hobbies/Recycling	289		Proud of Myself
	Safety		329	Prepared for Life
Brainstorming	Fire Safety		293	Prepared
	Hobbies/Recycling	289		Proud of Myself
Game	Communication		287	Home
	Math		301	Math
	Physical Fitness	311	315	Prepared for Life
	Places and Maps		323	Art and Literature
Geography Activity	Places and Maps		323	Art and Literature
	Transportation		333	Transportation
Group Presentation	Clean Air and Water	273		Environment
	Fire Safety	285		Prepared
	Hobbies/Recycling	289		Proud of Myself
	Personal Habits for a Lifetime		309	Self-Awareness
	Weather	331	339	Environment
Group Project	Fire Safety		293	Prepared
	Hobbies/Recycling		297	Proud of Myself
	Safety	321		Prepared for Life
	Transportation		333	Transportation
	Weather		339	Environment
Group Reading	Personal Safety		315	Law and Government

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Individual Projects	Basic Art		275	Community
	Classic Literature	269		Community
	Communication	279		Home
	Math	289		Math
	Money Management		305	Math
	Personal Habits for a Lifetime		309	Self-Awareness
	Physical Fitness		315	Prepared for Life
Individual Reading or Writing	Basic Art	265		Community
	Classic Literature	269		Community
	Clean Air and Water	273		Environment
	Communication	279		Home
	Fire Safety	285		Prepared
	Money Management		305	Math
	Personal Habits for a Lifetime		309	Self-Awareness
	Personal Safety	303		Law and Government
	Safety	321		Prepared for Life
Language Arts Activity	Classic Literature		279	Community
	Communication		287	Home
	Math		301	Math
Math Activity	Math		301	Math
	Money Management		305	Math
	Transportation		333	Transportation
Music Activity	Physical Fitness	311		Prepared for Life
Role-Play Activity	Safety	321		Prepared for Life

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Small Group Activity	Clean Air and Water		283	Environment
	Communication	279		Home
	Hobbies/Recycling	289	297	Proud of Myself
	Places and Maps	317		Art and Literature
	Safety		329	Prepared for Life
	Transportation	327	333	Transportation
	Weather	331		Environment
Teacher-Directed Questions	Classic Literature	269		Community
	Clean Air and Water	273		Environment
	Fire Safety	285		Prepared
	Math	289		Math
	Money Management	299		Math
	Personal Safety		315	Law and Government
	Places and Maps	317		Art and Literature
	Safety		329	Prepared for Life
Weather	331		Environment	
Teacher-Directed Story	Classic Literature	269	279	Community
	Money Management	299		Math
Teacher-Led Group Discussion	Clean Air and Water		283	Environment
	Communication		287	Home
	Fire Safety		293	Prepared
	Hobbies/Recycling		297	Proud of Myself
	Personal Habits for a Lifetime		309	Self-Awareness
	Personal Safety	303	315	Law and Government

Life Skills Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	Basic Art	291		Art and Literature
	Personal Safety	345		Law and Government
	Safety	361		Prepared for Life
Brainstorming	Clean Air and Water	301		My World
	Fire Safety		357	Helping Other People
	Safety	361	391	Prepared for Life
Game	Physical Fitness	351	385	Prepared for Life
Geography Activity	Clean Air and Water		337	My World
	Places and Maps	355		Art and Literature
	Weather		401	My World
Group Discussion and Report	Safety	361	391	Prepared for Life
	Weather		401	My World
Group Presentation	Clean Air and Water		337	My World
	Communication		343	My World
	Fire Safety	317		Helping Other People
	Hobbies	325		Proud of Myself
	Math		365	Job Awareness
	Money Management		373	Job Awareness
	Physical Fitness		385	Prepared for Life
	Science		395	Don't Quit
Weather	365	401	My World	
Group Project	Hobbies	325		Proud of Myself
	Personal Safety	345		Law and Government
	Physical Fitness	351		Prepared for Life
	Safety	361	391	Prepared for Life
	Weather	365	401	My World
Group Reading	Fire Safety	317		Helping Other People

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Individual Projects	Clean Air and Water		337	My World
	Communication		343	My World
	Conservation		349	Conservation
	Money Management	337		Job Awareness
	Personal Safety		379	Law and Government
	Physical Fitness		385	Prepared for Life
Individual Reading or Writing	Classic Literature	297	331	Art and Literature
	Clean Air and Water	301		My World
	Communication		343	My World
	Conservation		349	Conservation
	Fire Safety	317		Helping Other People
	Hobbies	325		Proud of Myself
	Money Management	337		Job Awareness
	Personal Habits for a Lifetime	341		Self-Awareness
	Personal Safety		379	Law and Government
	Places and Maps	355		Art and Literature
Language Arts Activity	Classic Literature		331	Art and Literature
	Communication	307		My World
	Hobbies	325		Proud of Myself
	Personal Habits for a Lifetime	341		Self-Awareness
	Physical Fitness		385	Prepared for Life
Math Activity	Math	331	365	Job Awareness
	Weather		401	My World
Music Activity	Communication	307		My World
Role-Play Activity	Fire Safety		357	Helping Other People
	Math		365	Job Awareness
	Personal Habits for a Lifetime	341		Self-Awareness
	Personal Safety	345	379	Law and Government

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Small Group Activity	Math	331		Job Awareness
	Personal Habits for a Lifetime	341		Self-Awareness
Teacher-Directed Questions	Fire Safety		357	Helping Other People
	Safety		391	Prepared for Life
Teacher-Directed Story	Classic Literature	297	331	Art and Literature
	Math	331		Job Awareness
Teacher-Led Group Discussion	Classic Literature		331	Art and Literature
	Clean Air and Water	301		My World
	Communication		343	My World
	Conservation		349	Conservation
	Fire Safety	317	357	Helping Other People
	Math		365	Job Awareness
	Money Management	337	373	Job Awareness
	Personal Safety		379	Law and Government
	Safety		391	Prepared for Life
	Science		395	Don't Quit

Perseverance Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Never Give Up		161	169	Don't Quit
	Never Lose Sight		169		What's Right
	Overcoming Poor Decisions	181	173		Don't Quit
Game	Never Give Up	173	161	169	Don't Quit
Group Presentation	Never Lose Sight		169		What's Right
	Overcoming Poor Decisions			177	Don't Quit
Individual Reading or Writing	Never Give Up		161		Don't Quit
Role-Play Activity	Overcoming Poor Decisions	181			Don't Quit
Small Group Activity	Overcoming Poor Decisions		173	177	Don't Quit
Teacher-Directed Story	Never Give Up			169	Don't Quit
Teacher-Led Group Discussion	Never Give Up	173			Don't Quit
	Never Lose Sight		169		What's Right
	Overcoming Poor Decisions	181	173		Don't Quit

Perseverance Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Never Give Up		187	Doing Right Thing
Game	Never Give Up	177		Doing Right Thing
Group Presentation	Never Give Up	177		Doing Right Thing
Group Project	Never Lose Sight		195	Decisions
Individual Reading or Writing	Never Lose Sight	183		Decisions
Language Arts Activity	Never Give Up		187	Doing Right Thing
Role-Play Activity	Overcoming Poor Decisions	187		Doing Right Thing
Small Group Activity	Never Give Up	177		Doing Right Thing
	Never Lose Sight	183	195	Decisions
	Overcoming Poor Decisions	187	199	Doing Right Thing
Teacher-Directed Questions	Never Give Up		187	Doing Right Thing
	Overcoming Poor Decisions	187		Doing Right Thing
Teacher-Directed Story	Overcoming Poor Decisions		199	Doing Right Thing
Teacher-Led Group Discussion	Never Lose Sight	183		Decisions
	Never Lose Sight	183	195	Decisions

Perseverance Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Game	Never Give Up	189		Personal Fitness
	Never Lose Sight		229	Personal Fitness
Group Discussion and Report	Never Give Up		223	Personal Fitness
	Never Lose Sight	197		Personal Fitness
	Overcoming Poor Decisions	201	235	Communicating
Group Presentation	Never Give Up	189		Personal Fitness
Group Project	Never Lose Sight		229	Personal Fitness
Individual Reading or Writing	Never Lose Sight		229	Personal Fitness
Role-Play Activity	Never Give Up	189	223	Personal Fitness
	Overcoming Poor Decisions	201		Communicating
Teacher-Directed Questions	Never Lose Sight	197		Personal Fitness
Teacher-Directed Story	Overcoming Poor Decisions	201	235	Communicating
Teacher-Led Group Discussion	Never Give Up	189		Personal Fitness
	Never Lose Sight	p197		Personal Fitness

Respect Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Ethnic Heritage	13			My Family
	Race, Religion, and Culture	19			My Family
	Respecting Differences	23	27		My Friends
	Respecting My Peers	27		25	My Peers
	World Cultures	31			Be Ready
Brainstorming	Respecting Differences	23			My Friends
Game	Race, Religion, and Culture		17		My Family
	World Cultures			33	Be Ready
Geography Activity	World Cultures	31			Be Ready
Group Project	Race, Religion, and Culture		17		My Family
Individual Reading or Writing	Ethnic Heritage		11	11	My Family
	Respecting My Peers		21		My Peers
Language Arts Activity	Race, Religion, and Culture			15	My Family
Music Activity	World Cultures	31			Be Ready
Small Group Activity	Respecting Differences			19	My Friends
	Respecting My Peers			25	My Peers
	World Cultures			33	Be Ready
Teacher-Directed Story	Ethnic Heritage	13		11	My Family
	Respecting Differences			19	My Friends
	Respecting My Peers			25	My Peers
Teacher-Led Group Discussion	Ethnic Heritage		11		My Family
	Race, Religion, and Culture	19			My Family
	Respecting Differences		27		My Friends
	Respecting My Peers	27	21		My Peers
	World Cultures		31		Be Ready

Respect Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Ethnic Heritage	13		Family Members
	Race, Religion, and Culture		21	Family Members
	World Cultures	27	33	Getting Respect
Game	Ethnic Heritage		13	Family Members
	Respecting Differences		27	Getting Respect
	World Cultures	27		Getting Respect
Geography Activity	World Cultures		33	Getting Respect
Group Presentation	Ethnic Heritage		13	Family Members
	Respecting Differences		27	Getting Respect
	World Cultures	27		Getting Respect
Group Project	Ethnic Heritage	13		Family Members
Group Reading	World Cultures		33	Getting Respect
Individual Projects	Ethnic Heritage		13	Family Members
Individual Reading or Writing	Ethnic Heritage		13	Family Members
Language Arts Activity	Ethnic Heritage		13	Family Members
	World Cultures		33	Getting Respect
Role-Play Activity	Respecting Differences		27	Getting Respect
Teacher-Directed Story	Ethnic Heritage	13		Family Members
	Race, Religion, and Culture	17	21	Family Members
	Respecting Differences	23		Getting Respect
Teacher-Led Group Discussion	Race, Religion, and Culture	17		Family Members
	Respecting Differences	23		Getting Respect

Respect Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	World Cultures	29		School and Community
Brainstorming	World Cultures		45	School and Community
Game	Race, Religion, and Culture	19	19	My Heritage
	Respecting Differences	25		School and Community
Group Discussion and Report	Race, Religion, and Culture		19	My Heritage
Group Presentation	Ethnic Heritage		13	My Heritage
Group Project	Race, Religion, and Culture	19		My Heritage
	Respecting Differences	25		School and Community
	World Cultures	29		School and Community
Group Reading	Ethnic Heritage	13		My Heritage
	Race, Religion, and Culture		19	My Heritage
	World Cultures	29	45	School and Community
Individual Projects	Respecting Differences		33	School and Community
	World Cultures		45	School and Community
Language Arts Activity	World Cultures		45	School and Community
Role-Play Activity	World Cultures		45	School and Community
Small Group Activity	Race, Religion, and Culture		19	My Heritage
Teacher-Directed Questions	Ethnic Heritage		13	My Heritage
	Respecting Differences		33	School and Community
Teacher-Directed Story	Respecting Differences		33	School and Community

Responsibility Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts Activity	Being a Good Worker	37	39		Helping
	Being Responsible		45		Respect
	Choosing What’s Right for Me	57	45		My Choices
	Decision Making	67			What’s Right
	Emergency Preparedness		65		Helping
	Gangs	81			My Choices
	Making Good Decisions	85	73		My Choices
	Prepared for Today	93		87	Happy to Be Me
Brainstorming	Gangs	81			My Choices
	Meeting Deadlines		79		Doing Right Thing
	Prepared for Today		87	87	Happy to Be Me
Game	Meeting Deadlines	89			Doing Right Thing
	Choosing What’s Right for Me		45	57	My Choices
	Decision Making		59		What’s Right
	Being a Good Worker			39	Helping
Group Presentation	Being a Good Worker		39	39	Helping
	Being Responsible	43			Respect
	Choices			51	My Choices
	Consumerism		55		Be Ready
	Emergency Preparedness			75	Helping
	Gangs		69		My Choices
Individual Projects	Being Responsible			45	Respect
Individual Reading or Writing	Gangs	81			My Choices
	Prepared for Today	93	87		Happy to Be Me
Role-Play Activity	Decision Making			69	What’s Right
	Prepared for Today			87	Happy to Be Me

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Small Group Activity	Choosing What's Right for Me	57			My Choices
	Decision Making	67			What's Right
	Gangs		69	79	My Choices
	Prepared for Today			87	Happy to Be Me
Teacher-Directed Questions	Choosing What's Right for Me			57	My Choices
	Emergency Preparedness			75	Helping
	Being Responsible			45	Respect
Teacher-Directed Story	Being Responsible	43			Respect
	Choices	47		51	My Choices
	Consumerism		55		Be Ready
	Decision Making		59	69	What's Right
	Emergency Preparedness		65		Helping
	Making Good Decisions	85	73		My Choices
	Meeting Deadlines		79		Doing Right Thing
Teacher-Led Group Discussion	Being a Good Worker	37			Helping
	Being Responsible	43	45		Respect
	Choices	47		51	My Choices
	Consumerism	63	55	63	Be Ready
	Decision Making	67		69	What's Right
	Gangs			79	My Choices
	Making Good Decisions	85	73		My Choices
	Meeting Deadlines	89			Doing Right Thing
	Prepared for Today		87		Happy to Be Me
Use of an Audio Visual	Consumerism			63	Be Ready

Responsibility Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Choices		53	Work
	Choosing What’s Right for Me	61		Work
	Consumerism	69		Math
Brainstorming	Being a Good Worker	41		Prepared
	Decision Making		73	Decisions
	Prepared for Today	97		Health
Game	Choices	53		Work
	Decision Making		73	Decisions
	Emergency Preparedness		81	Prepared
	Making Good Decisions		95	Work
Group Presentation	Being a Good Worker	41		Prepared
	Conservation		61	Environment
	Decision Making		73	Decisions
	Emergency Preparedness	77		Prepared
	Gangs		89	Doing Right Thing
Group Project	A Job Well Done	33		Proud of Myself
	Being a Good Worker	41		Prepared
	Conservation		61	Environment
	Making Good Decisions		95	Work
	Meeting Deadlines		99	Doing Right Thing
Group Reading	Choices		53	Work
	Prepared for Today		105	Health
Individual Projects	A Job Well Done	33		Proud of Myself
	Being Responsible	47		Decisions
	Choosing What’s Right for Me	61		Work
	Decision Making	73		Decisions
	Making Good Decisions	87		Work
	Prepared for Today	97		Health

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Individual Reading or Writing	Choosing What's Right for Me	61		Work
	Decision Making		73	Decisions
	Gangs	83		Doing Right Thing
	Meeting Deadlines	91		Doing Right Thing
	Prepared for Today	97	105	Health
Language Arts Activity	Prepared for Today		105	Health
Music Activity	Consumerism		67	Math
Role-Play Activity	Being Responsible		47	Decisions
	Decision Making	73		Decisions
	Gangs		89	Doing Right Thing
Small Group Activity	Being a Good Worker		41	Prepared
	Being Responsible		47	Decisions
	Choices		53	Work
	Consumerism		67	Math
	Emergency Preparedness	77	81	Prepared
	Gangs	83	89	Doing Right Thing
	Making Good Decisions		95	Work
	Meeting Deadlines	91	99	Doing Right Thing
	Prepared for Today	97		Health
Teacher-Directed Questions	Choices	53		Work
	Conservation		61	Environment
	Consumerism	69		Math
	Decision Making	73		Decisions
	Emergency Preparedness	77		Prepared
	Making Good Decisions	87		Work
Teacher-Directed Story	Being a Good Worker		41	Prepared
	Gangs	83		Doing Right Thing

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Teacher-Led Group Discussion	Being a Good Worker		41	Prepared
	Being Responsible	47	47	Decisions
	Consumerism		67	Math
	Choosing What's Right for Me	61		Work
	Gangs		89	Doing Right Thing
	Making Good Decisions	87	95	Work
	Meeting Deadlines	91	99	Doing Right Thing
	Prepared for Today		105	Health

Responsibility Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	Choosing What’s Right for Me	55		Personal Enrichment
	Making Good Decisions	83		Personal Enrichment
Brainstorming	Choices		65	Personal Enrichment
	Consumerism		79	Job Awareness
	Gangs		95	Respecting Myself
	Meeting Deadlines	89	105	School and Community
	Prepared for Today		111	Conservation
Game	Being a Good Worker		53	Helping Other People
	Choices	47		Personal Enrichment
	Consumerism	63		Job Awareness
	Meeting Deadlines	89		School and Community
	Prepared for Today		111	Conservation
Group Discussion and Report	Being a Good Worker	35		Helping Other People
	Choices		65	Personal Enrichment
	Choosing What’s Right for Me		75	Personal Enrichment
	Consumerism		79	Job Awareness
	Decision Making	67	85	Personal Fitness
	Emergency Preparedness		91	Helping Other People
	Gangs	79		Respecting Myself
	Making Good Decisions	83	99	Personal Enrichment
	Meeting Deadlines		105	School and Community
	Prepared for Today	93	111	Conservation
Group Presentation	Being Responsible		59	Respecting Myself
	Emergency Preparedness	75		Helping Other People
	Gangs	79		Respecting Myself
	Making Good Decisions		99	Personal Enrichment
Group Project	Being a Good Worker	35		Helping Other People
	Making Good Decisions	83		Personal Enrichment
	Prepared for Today	93		Conservation

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Group Reading	Choices		65	Personal Enrichment
Individual Projects	Being a Good Worker		53	Helping Other People
	Being Responsible		59	Respecting Myself
	Decision Making	67		Personal Fitness
	Meeting Deadlines	89		School and Community
Individual Reading or Writing	Being a Good Worker	35		Helping Other People
	Being Responsible	41	59	Respecting Myself
	Choosing What's Right for Me	55		Personal Enrichment
	Decision Making	67		Personal Fitness
	Gangs		95	Respecting Myself
	Meeting Deadlines		89	School and Community
Language Arts Activity	Being a Good Worker		53	Helping Other People
Math Activity	Consumerism		79	Job Awareness
Role-Play Activity	Consumerism	63		Job Awareness
Teacher-Directed Questions	Being Responsible	41		Respecting Myself
	Choosing What's Right for Me	55		Personal Enrichment
	Emergency Preparedness	75		Helping Other People
	Prepared for Today	93		Conservation
Teacher-Directed Story	Emergency Preparedness	75		Helping Other People

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Teacher-Led Group Discussion	Being a Good Worker	35		Helping Other People
	Being Responsible	41		Respecting Myself
	Choices	47		Personal Enrichment
	Choosing What's Right for Me	55	75	Personal Enrichment
	Consumerism	63		Job Awareness
	Decision Making	67		Personal Fitness
	Emergency Preparedness		91	Helping Other People
	Gangs		95	Respecting Myself
	Making Good Decisions		99	Personal Enrichment
	Prepared for Today	93		Conservation

Self-Discipline Lesson Plans, Grades K–2

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Arts and Crafts	Anger/Conflict Management		179	183	What's Right
	Building My Self-Confidence	191			Happy to Be Me
	Coping With Stress		187		My Choices
	Developing Good Listening Skills			195	Listening and Talking
	Self-Awareness	205	199		Happy to Be Me
	Setting Goals	209			Rules
Game	Coping With Stress	193			My Choices
	Developing Good Listening Skills	197		195	Listening and Talking
	Self-Awareness		199		Happy to Be Me
	Setting Goals		205	209	Rules
Group Presentation	Anger/Conflict Management			183	What's Right
	Self-Awareness			203	Happy to Be Me
Individual Projects	Building My Self-Confidence			187	Happy to Be Me
	Self-Awareness			203	Happy to Be Me
Individual Reading or Writing	Building My Self-Confidence		183	187	Happy to Be Me
	Self-Awareness			203	Happy to Be Me
	Setting Goals	209			Rules
Music Activity	Developing Good Listening Skills	197			Listening and Talking
	Health	201			Growing Strong
	Self-Awareness			203	Happy to Be Me
Role-Play Activity	Anger/Conflict Management		179		What's Right
	Coping With Stress		187		My Choices

Teaching Method	Lesson Topic	Page for Lesson Plan			Recognition Sticker
		K	1	2	
Small Group Activity	Anger/Conflict Management	187			What's Right
	Self-Awareness	205			Happy to Be Me
Teacher-Directed Questions	Setting Goals		205		Rules
	Health			199	Growing Strong
Teacher-Directed Story	Self-Awareness		199		Happy to Be Me
	Setting Goals	209			Rules
Teacher-Led Group Discussion	Anger/Conflict Management	187			What's Right
	Building My Self-Confidence	191			Happy to Be Me
	Coping With Stress	193		191	My Choices
	Developing Good Listening Skills	197			Listening and Talking
	Setting Goals	209		209	Rules

Self-Discipline Lesson Plans, Grades 3–4

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Arts and Crafts Activity	Anger/Conflict Management	193		What's Right
	Self-Awareness	219		Happy to Be Me
Brainstorming	Anger/Conflict Management	193		What's Right
	Coping With Stress	203	215	My Choices
Game	Developing Good Listening Skills		219	Listening and Talking
	Self-Awareness		227	Happy to Be Me
	Setting Goals	223		Rules
Group Presentation	Building My Self-Confidence	199		Happy to Be Me
Group Project	Anger/Conflict Management		205	What's Right
	Building My Self-Confidence	199		Happy to Be Me
	Coping With Stress		215	My Choices
	Health		223	Growing Strong
	Self-Awareness	219	227	Happy to Be Me
Group Reading	Anger/Conflict Management		205	What's Right
Individual Projects	Building My Self-Confidence		211	Happy to Be Me
	Developing Good Listening Skills		219	Listening and Talking
	Developing Good Listening Skills	207		Listening and Talking
	Self-Awareness	219		Happy to Be Me

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		3	4	
Individual Reading or Writing	Anger/Conflict Management	193		What's Right
	Building My Self-Confidence	199	211	Happy to Be Me
	Coping With Stress	203		My Choices
	Developing Good Listening Skills	207	219	Listening and Talking
	Health	211		Growing Strong
	Self-Awareness	219	227	Happy to Be Me
	Setting Goals		233	Rules
Language Arts Activity	Building My Self-Confidence		211	Happy to Be Me
	Developing Good Listening Skills		219	Listening and Talking
	Self-Awareness		227	Happy to Be Me
	Setting Goals		233	Rules
Small Group Activity	Anger/Conflict Management		205	What's Right
	Coping With Stress		215	My Choices
	Health		223	Growing Strong
Teacher-Directed Questions	Anger/Conflict Management		205	What's Right
	Developing Good Listening Skills	207		Listening and Talking
	Health	211		Growing Strong
Teacher-Directed Story	Building My Self-Confidence		211	Happy to Be Me
	Setting Goals	223		Rules
Teacher-Led Group Discussion	Building My Self-Confidence	199	211	Happy to Be Me
	Coping With Stress	203		My Choices
	Health		223	Growing Strong

Self-Discipline Lesson Plans, Grades 5–6

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Arts and Crafts Activity	Coping With Stress		253	My Choices
	Self-Awareness	237		Happy to Be Me
Brainstorming	Anger/Conflict Management	211	243	What's Right
	Developing Good Listening Skills	227		Listening and Talking
	Health		261	Growing Strong
Game	Developing Good Listening Skills	227		Listening and Talking
Group Discussion and Report	Coping With Stress	221		My Choices
	Developing Good Listening Skills		257	Listening and Talking
	Setting Goals		275	Rules
Group Presentation	Coping With Stress		253	My Choices
	Setting Goals		275	Rules
Group Project	Coping With Stress	221		My Choices
	Health	231		Growing Strong
	Self-Awareness	237		Happy to Be Me
	Setting Goals		275	Rules
Individual Projects	Building My Self-Confidence	215		Happy to Be Me
	Self-Awareness		267	Happy to Be Me
	Setting Goals	241		Rules
Individual Reading or Writing	Anger/Conflict Management		243	What's Right
	Building My Self-Confidence	215	247	Happy to Be Me
	Developing Good Listening Skills	227		Listening and Talking
	Health	231	261	Growing Strong
	Self-Awareness	237	267	Happy to Be Me

Teaching Method	Lesson Topic	Page for Lesson Plan		Recognition Sticker
		5	6	
Language Arts Activity	Developing Good Listening Skills	227		Listening and Talking
	Health	231	261	Growing Strong
	Self-Awareness	237	267	Happy to Be Me
Music Activity	Building My Self-Confidence	215		Happy to Be Me
Teacher-Directed Questions	Setting Goals	241		Rules
Teacher-Led Group Discussion	Anger/Conflict Management	211		What's Right
	Building My Self-Confidence	215		Happy to Be Me
	Coping With Stress	221		My Choices
	Developing Listening Skills	227	257	Listening and Talking
	Health	231	261	Growing Strong
	Self-Awareness		267	Happy to Be Me
	Setting Goals	241	275	Rules

Learning for Life Activities Book

LIST OF ACTIVITIES: The activities in this book are designed to complement the Learning for Life lesson plans for grades K–6.

Games

- Ball Games (29)
- Bicycle Games (9)
- Blindfold Games (7)
- Circle Games (18)
- Hiding, Chasing, Hunting Games (28)
- Homemade Games (15)
- Line Games (7)
- Quiet Games (37)
- Physical Fitness Activities (48)
- Relays and Races (43)
- Tire Games (10)
- Water Games (25)
- Winter Games (8)
- Games for Special-Needs People (7)
- Noncompetitive, Cooperative, and Team-Building Games (28)
- Parachute Games (5)

Crafts

- Wood Craft (3)
- Metal and Tin Craft (11)
- Wire Craft (7)
- Leather Craft (6)
- Plastic Bottle and Carton Craft (4)
- Plaster Craft (6)
- Papier-mâché (5)
- Modeling (5)
- Musical Instruments (11)
- Printing (12)
- Kites and Things That Fly (9)

Skits and Costumes

- Sample Skits (10)
- Types of Costumes (12)
- Stage Makeup
- Wigs
- Masks (6)

Puppets

- Constructing Hand Puppets
- Operating Hand Puppets
- Paper Sack Puppets (2)
- Sock and Other Puppets (7)
- Shadow Puppets (4)
- Finger Puppets (5)
- Bib Puppets (5)

Songs, Stunts, and Stories

- Songs
- Audience Participation Stunts
- Applause Stunts
- Walk-on Stunts
- Mixers and Icebreakers
- Four Sample Stories

Tricks and Puzzles

- Coin Tricks (8)
- Tricks with Toothpicks (5)
- Paper Tricks (6)
- Miscellaneous Tricks (28)
- Puzzles (9)

Outdoor Activities

- Nature Rambles, Hikes, Hunts, Games, Field Trips
- Fun With Collections
- Fun With Plants
- Fun With Birds
- Fun With Trees
- Fun With Insects
- Fun With Fishing
- Evening and Nighttime Outdoor Fun
- Fun in Spring
- Fun in Summer
- Fun in Fall
- Fun in Winter
- Outdoor Cooking

Summary of Learning for Life Drug Abuse Prevention Education Program

Drug Abuse Prevention Education is a series of lesson plans for kindergarten through sixth grade. Each grade has a set of age-appropriate and grade-specific lesson plans and activity sheets for the teacher to use.

Here is a summary of each program:

- Kindergarten Program, No. 32171: Nine lesson plans that utilize stick puppets to reinforce the message that smoking, alcohol, and drugs are harmful.
- First Grade Program, No. 32172: Twelve lesson plans that focus on making good choices, identifying legal and illegal drugs, and the harmful effects of abused substances. A 12-question evaluation, a colorful display poster, and activity sheets are included.
- Second Grade Program, No. 32173: Nine lesson plans which look at advertisements for cigarettes and helps students make positive choices and distinguish between legal and illegal drugs. A student evaluation sheet, colorful display poster, and activity sheets are included.
- Third Grade Program, No. 32174: Eight lesson plans that concentrate on how to say “no” to drugs and smoking, as well as focuses on the harmful effects of substance abuse. An evaluation that focuses on the “Truth about Drugs,” bulletin-board-size display poster, and activity sheets are included.
- Fourth Grade Program, No. 32175: Sixteen lesson plans that focus student attention on the long- and short-term effects of specific substances by using their more common names. A true/false pre- and post-evaluation form is used to measure students’ gain in knowledge about drugs as result of the fourth grade program.
- Fifth Grade Program, No. 32176: Eighteen lesson plans that enhance awareness on topics of peer pressure and the consequences of substance abuse on individuals, friends, and family members. A “Facts and Myths about Drug Abuse” evaluation is used at the beginning and at the conclusion of the fifth grade program.
- Sixth Grade Program, No. 32177: Nineteen lesson plans that are teacher-directed questions to stimulate student responses to making choices. The lesson plans provide information on a variety of specific abused substances. A poster that correlates the effects of drugs on the body and a “What Do You Know about Drugs?” true/false questionnaire are used.